## **AKATHIST**

# For the REPOSE of Those Who have FALLEN ASLEEP

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## Why do we pray for the dead? What do we expect because of our prayer?

We pray for the dead, because no person is dead in God's eyes (our Lord said: "God is the God of the living, and not of the dead",) and because of love.

Love never forgets. Some people are hung up about prayer for the dead, but there is no need to be.

We love and therefore we remember and pray. We pray with love and expectation. God knows all things and we do not know much. He has revealed very little to us about the state of our soul in the interim period between the death of the body and the reintegration of the soul with the body at the end of the age. The

Orthodox way is not to overanalyze, but to pray!

When we pray for the dead, we make no assumptions. There is no need for assumptions. We must separate our emotional need of desiring for them to be in heaven with our love for them and continual remembrance of them.

Praying for our loved ones does not indicate that we think they are not among the just. We just pray for them because we love them. And the benefit of praying for a loved one who is among the just is that he or she, hearing our prayers, responds to us in kind, with love, and prays for us.

## Nine important things to know about prayer for the dead.

All a Christian really needs to know about the dead and prayer for the dead is this:

- 1. We believe in the resurrection. God is the God of the Living, and not of the dead, our Lord told us, and we believe this truth. If this is true, the dead have not ceased to exist because "all are alive to God." Praying for the dead, as much as asking the dead whom we believe to be righteous to intercede for us shows that we really believe in the resurrection.
- 2. We do not understand all that occurs after death because all things have not been revealed to us. We know that "all men have sinned and fallen short of the glory of God", and there is "not one man who liveth and sinneth not", and we (at least as a church, if not individually) are profoundly humble. How can we know the judgments of God? They are

- a vast abyss. We do not presume to declare that one is blessed and another is damned. God knows, and only rarely reveals to us this with certainty.
- 3. Those who love to continue to love even after the one they love dies.
- 4. Those who love remember, and those who remember pray because prayer is the ultimate expression of love, and not only this, if we do not pray for a person we say we love, we are liars. For Christians, it is impossible to love someone and not pray for them. It does not matter if a person is alive or dead, a believer or nonbeliever; if we love them, we will be praying for them.
- 5. The one they love, upon the death of the body, remains alive, conscious and sentient in

the soul. The "sleep of death" refers to the body being dead, and that at the Second coming, a perfected body will be reunited with the soul, and the corrupted body will rise as if it had only been sleeping.

- 6. We place our hope in the mercy of God, and pray because we love. One who loves does not need a reason to pray, or require a detailed explanation of the effects of their prayer. We cannot know the infinite abyss that is the mercies and judgment of God.
- 7. Prayer for the dead will always comfort the dead, and those who pray. If they are just, they are comforted by our love for and remembrance of them and they return that love with prayer for us to our merciful Savior. If they are not among the just, only God knows this, and God can do anything He among the wishes when we pray. Prayer is always the answer for everything, and sometimes, it is the only answer.
- 8. How often should you pray? It is a terrible mistake for an Orthodox Christian to think that their responsibility in praying for the dead is only to bring their commemoration book whenever they come to liturgy. When they do this, they are asking the priest to pray

for them (instead of them). They should be praying with the priest, by praying for their loved one daily.

Most people do not have a long list of the reposed that they pray for, so it is quite easy to pray for them daily. It is best to pray for each one individually, but they can be prayed for in groups as well. It is best to pray with a prostration, but any prayer, done consistently, is heard by God.

9. We should not "convert" someone who was not Orthodox and who has reposed. This is why we do not say the Orthodox Memorial prayers such as the funeral and the panikhida, for non-orthodox people. We respect their life decisions and pray for them with love and expectation, but also with obedience to the practice of the church.

Of course, one should always pray in their personal prayers for all their loved ones, the living and the dead, without regard to whether they were Orthodox Christians in this life or not.

To summarize "why do we pray for the dead":

We pray for the dead because, knowing the weakness of flesh and man's predilection to sin, we hope in the resurrection, leaving all judgment to God, and because we love, we remember, and because we remember, we pray.

We emphasize again: we pray because we love.

We do not make assumptions when we pray.

We honor the memory of our loved one by praying for them, and prayer for them does not indicate that we feel that they are not among the just, but rather that we love them and want to continue to remember them.

(Adapted from <a href="http://www.orthodox.net/full-voice/prison-ministry-letters\_2015-07-09+praying-for-the-dead+when-things-are-hard.doc">http://www.orthodox.net/journal/2010-02-11-saturday-of-the-dead+all-souls-saturday+why-do-we-pray-for-the-dead.doc</a> See also: <a href="http://www.orthodox.net/catechesis/catechetical-letter-03+prayer-to-the-saints-because-of-the-resurrection.doc">http://www.orthodox.net/catechesis/catechetical-letter-03+prayer-to-the-saints-because-of-the-resurrection.doc</a>)

## Notes on singing this Akathist.

This Akathist is very compunctionate poetry, but it is not written to any standard Akathist meter. It is very difficult to sing it according to the Russian Akathist Melody. Sometimes the verses of the Ikos number 4 or 5 or even more, and most are much longer than those in more traditional Akathists. There is no way to make it conform easily to the Russian Akathist melody without breaking the sentences in an arbitrary way.

It is recommended that the verses of the Ikos be chanted. Chanting is singing the words in a melodic way, but not to a particular melody. Usually, the chanter will sing the bulk of the verse on one note, and end in a melodic way.

One could sing this Akathist for a group of people who have reposed (in our parish we sang it on the day of 911, and of course among the dead were Orthodox and many non-orthodox).

We could also sing this Akathist for an individual, whether they be Orthodox or not. It

is especially suitable to sing for non-Orthodox person because it does not presume the orthodoxy of the reposed.

Please note that the final prayer is exactly the same prayer that the priest says in Memorial services, with many added names. It is called "O God of spirits", and it is certainly appropriate for a layman to say this prayer at home for anyone whether they be Orthodox or not. If you look carefully at the prayer, it does not assume the orthodoxy of the ones being prayed for.

Priest Seraphim Holland seraphim@orthodox.net

O Thou Who by Thine inscrutable
Providence didst prepare the world for
eternal beatitude and Who appointest
times and seasons and the manner of our
end: Forgive, O Lord, those who have
died in past ages all their sins, receive

them into the realms of light and joy, hasten to open Thy Fatherly arms to them, and hear us who celebrate their memory and sing: O Lord of unutterable Love, remember Thy servants who have fallen asleep.

## **IKOS 1**

O Thou Who savest Adam and the whole human race from eternal perdition, Thou didst send Thy Son into the world, O Good God, and by His Cross and Resurrection Thou hast granted us also eternal life. Trusting to Thine infinite mercy, we look for the deathless Kingdom of Thy Glory, we implore Thee to grant it to those who have fallen asleep, and we pray:

Gladden, O Lord, souls wearied by the storms of life, that earth's sorrows and signings may not bury them in oblivion.

Hear them, O Lord, in Thy bosom, as a mother responds to her children, and say to them: Your sins are forgiven you.

Receive them, O Lord, into Thy calm and blessed haven, that they may rejoice in Thy divine glory.

Enlightened by the illumination of the Most High, Saint Macarius heard a voice from a pagan skull: "When thou prayest for those suffering in Hell, there is relief for the heathen." O wonderful power of

Christian prayer, by which even the infernal regions are illumined! Both believers and unbelievers receive comfort when we cry for the whole world: *ALLELUIA*.

#### **IKOS 2**

Saint Isaac the Syrian once said: "A merciful heart is one that burns with love for men and animals and for the whole of creation, and at all times offers prayers with tears that they may be purified and kept." Likewise, we all boldly ask the Lord for help for all the dead from the beginning of time and cry:

Send down to us, O Lord, the gift of fervent prayer for the dead.

Remember, O Lord, all who have charged us, unworthy as we are, to pray for them, and pardon the sins they have forgotten.

Remember, O Lord, all who have been buried without prayer.

Receive, O Lord, into Thy dwellings all who have died of sorrow or by a sudden or untimely death.

We are to blame for the calamities in the world, for the sufferings of dumb creatures, and for the diseases and torments of innocent children, for through the fall of man the beatitude and beauty of all creation has been marred. O

Christ our God, greatest of innocent Sufferers! Thou alone canst forgive all. Forgive, then, all and everything, and grant to the world its primordial prosperity, that the living and the dead may rejoice and cry: *ALLELUIA*.

#### **IKOS 3**

O Glad Light, Redeemer of the world, embracing the whole universe with Thy love: behold, Thy cry from the Cross for Thine enemies is heard: "Father, forgive them." In the name of Thine all-forgiving love we make bold to pray to our Heavenly Father for the eternal repose of Thine enemies and ours.

Forgive, O Lord, those who have shed innocent blood, those who have sown our path of life with sorrows, those who have waded to prosperity through the tears of their neighbors.

Condemn not, O Lord, those who persecute us with slander and malice.

Repay with mercy those whom we have wronged or offended through ignorance,

and grant that our prayer for them may be holy through the sacrament of reconciliation.

Save, O Lord, those who have died in grievous sufferings, those who were murdered, those buried alive, those who were drowned or burned, those who were torn by wild beasts, those who died of hunger or cold, from exposure in storms, or by falling from heights, and

grant them all eternal joy for the sorrow of their death. May the time of their suffering be blessed as a day of redemption, for which they sing:

ALLELUIA.

**IKOS 4** 

Recompense with the compassion of Thine infinite love, O Lord, all who have died in the full flush of their youth, who received on earth the thorny crown of suffering, who never experienced earthly joy.

Grant recompense to those who died from overwork, through exploitation or sweated labor.

Receive, O Lord, into the bridal halls of Paradise boys and girls, and grant them joy at the marriage supper of Thy Son.

Comfort and console the grief of parents over their dead children.

Give rest, O Lord, to all who have no one to offer prayer for them to Thee, their Creator, that their sins may vanish in the dazzling light of Thy forgiveness.

Thou hast given us death as a last prodigy to bring us to our senses and to repentance, O Lord. In its threatening light, earthly vanity is exposed, carnal passions and sufferings become subdued, and insubmissive reason is humbled.

Eternal justice and righteousness opens to our gaze, and then the godless and those burdened with sins confess on their deathbed Thy real and eternal existence and cry to Thy mercy: *ALLELUIA*.

#### **IKOS 5**

O Father of all consolation and comfort, Thou brightenest with the sun, delightest with fruits, and gladdenest with the beauty of the world both Thy friends and enemies.

And we believe that even beyond the grave Thy loving kindness which is merciful even to all rejected sinners, does not fail.

We grieve for hardened and wicked blasphemers of Thy Holiness. May Thy saving and gracious will be over them. Forgive, O Lord, those who have died without repentance.

Save those who have committed suicide in the darkness of their mind, that the flame of their sinfulness may be extinguished in the ocean of Thy grace.

Terrible is the darkness of a soul separated from God, the torments of conscience, the gnashing of teeth, the unquenchable fire and the undying worm.

I tremble at the thought of such a fate, and I pray for those suffering in Hell as for myself. May our song descend upon them as refreshing dew as we sing: *ALLELUIA*.

#### **IKOS 6**

Thy light, O Christ our God, has shone upon those sitting in the darkness and shadow of death and those in Hell who cannot cry to Thee. Descend into the infernal regions of the earth, O Lord, and bring out into the joy of grace Thy children who have been separated from Thee by sin but who have not rejected Thee.

For they suffer cruelly. Have mercy on them.

For they sinned against Heaven and before Thee, and their sins are infinitely grievous, and Thy mercy is infinite.

Visit the bitter misery of souls separated from Thee.

Have mercy, O Lord, on those who hated the truth out of ignorance.

May Thy love be to them not a consuming fire but the coolness of Paradise.

Endeavoring to give help by Thy mighty power to Thy servants who have fallen asleep, Thou hast appeared to their loved ones, O Lord, in mysterious visions clearly

inspiring them to pray, that they may remember the departed, and do good works and labors of faith and love for them, crying: *ALLELUIA*.

#### **IKOS 7**

The universal Church of Christ unceasingly offers prayers every hour for the departed throughout the world, for the sins of the world are washed away by the most pure Blood of Thy divine crown, and the souls of those who have fallen asleep are translated from death to life and from earth to Heaven by the power of the prayers offered for them at God's altars.

May the intercession of the Church for the dead, O Lord, be a ladder to Heaven.

Have mercy on them, O Lord, through the intercession of the most holy Mother of God and all the Saints.

Forgive them their sins for the sake of Thy faithful who cry day and night to Thee.

For the sake of innocent children, O Lord, have mercy on their parents, and by the tears of their mothers, forgive the sins of their children.

For the sake of the prayers of innocent sufferers and the blood of martyrs, spare and have mercy on sinners.

Receive, O Lord, our prayers and alms as a memorial of their virtues.

The whole world is a sacred and common graveyard, for in every place is the dust of our fathers and brothers. O Christ our God, Who alone unchangeably lovest us,

forgive all who have died from the beginning till now, that they may sing with infinite love: *ALLELUIA*.

#### **IKOS 8**

The day is coming, as a burning furnace, the great and terrible day of the Last Judgment, when the secrets of men will be revealed and the books of conscience will be torn apart.

"Be reconciled with God!", cries the Apostle Paul. "Be reconciled before that terrible day."

Help us, O Lord, to fill up with the tears of the living what was lacking in the dead.

May the sound of the Angel's trumpet, O Lord, be to them the glad announcement of their salvation and the joyful manumission of their freedom at the hour of Thy judgment.

Crown with glory those who have suffered for Thee, O Lord, and cover the sins of the weak with Thy goodness.

O Lord, Who knowest all by name, remember those who have sought salvation in the monastic life.

Remember the blessed pastors with their spiritual children.

Bless swiftly passing time. For every hour, every moment brings eternity nearer. A new sorrow, a new gray hair are heralds of the coming world, witnesses of earthly

corruption, for they tell us all is passing and the Eternal kingdom draws near, where there is no sorrow, no sighing, no tears, but joyful singing: *ALLELUIA*.

#### **IKOS 9**

Just as a tree loses its leaves after a time, so our days after a certain number of years come to an end.

The festival of youth fades, the lamp of joy goes out, the alienation and dispossession of old age approaches.

Friends and relations die. Where are you, young merrymakers? Their tombs are silent, but their souls are in Thy hand.

Let us think how they watch us from the spiritual world.

O Lord, Who art the brightest Sun, illumine and warm the abodes of those who have fallen asleep.

May the time of our bitter separation pass forever.

Grant us a joyful meeting in Heaven.

Grant that all may be one with Thee, O Lord.

Restore to the departed, O Lord, the purity of childhood and the genial spirit of youth, and may eternal life be to them a Paschal Festival.

Shedding silent tears at the graves of our relatives, we pray with hope, and cry expectantly: Tell us, O Lord, that their sins

are forgiven. Give our spirit a secret assurance of it, that we may sing: *ALLELUIA*.

#### **IKOS 10**

Looking back, I see the whole of our past life. What a vast multitude of people has departed from the first day until now! And many of them have done me good. In gratitude for what I owe them, with love I cry to Thee:

Grant heavenly glory, O Lord, to my parents and those near and dear to me who watched over my cradle in childhood, and reared and educated me.

Glorify, O Lord, in the presence of the Holy Angels all who have told me the glad tidings of salvation and have taught me what is right and good, just and true by the holy example of their lives.

Fill with delight, O Lord, those who fed me on hidden manna in the days of my sorrow and affliction.

Recompense and save all benefactors and all who have helped others personally and by prayer.

O death, where is thy sting? Where is the gloom and terror that held sway in the past? From now on thou art the longed-for means of inseparable union with God. Oh, the great peace of the mystical

Sabbath! We long to die and to be with Christ, cries the Apostle. Therefore, we too look upon death as the gateway to eternal life, and cry: *ALLELUIA*.

#### **IKOS 11**

The dead will rise and those who are in the graves will stand up, and those who are alive on earth will exult when they stand with their spiritual bodies, radiantly glorious and incorrupt.

Dry bones, hear the word of the Lord: "I will bring upon you a spirit of life, and will lay sinews upon you; and I will bring flesh upon you, and cover you with skin."

Rise out of the ancient past, you who are redeemed by the Blood of the Son of God, restored to life by His death, for the light of the Resurrection has dawned upon you.

Open to them now, O Lord, the whole abyss of Thy perfections.

Thou hast shone upon them with the light of the sun and moon, that they may see the glory of the radiant choirs of Angels.

Thou hast delighted them with the magnificence of the heavenly lights of East and West, that they may also see the never-setting light of Thy Divinity.

Flesh and blood will not inherit the Kingdom of God. While we live in the flesh, we are separated from Christ. And if we die, we live for eternity. For our

corruptible body must put on incorruption, and this mortal nature must shine with immortality, that in the light of the eternal day we may sing: *ALLELUIA*.

#### **IKOS 12**

We expect to meet the Lord, we expect the clear dawn of the Resurrection, we expect the rousing from their tombs of our dead relatives and acquaintances and their restoration to the most holy beauty of life. And we rejoice in the coming transfiguration of all creation, and cry to our Creator:

O Lord, Who didst create the world for the triumph of joy and goodness, Who hast restored us to holiness from the depths of sin, grant that the dead may reign in the new creation, and may shine as heavenly lights in the day of their glory.

May the Divine Lamb be their perpetual light.

Grant, O Lord, that we too may celebrate with them a deathless Passover.

Unite the dead and the living in unending joy.

O most merciful and eternal Father,
Whose will it is that all should be saved,
Who didst send Thy Son to the lost and
didst pour out Thy Life-giving Spirit: Have
mercy on our relatives and those who are
near and dear to us who have fallen

asleep, and on all who have died throughout the ages; forgive and save them, and by their intercession visit us, that with them we may shout to Thee, our God and Saviour, the song of victory: *ALLELUIA*. (3 times)

#### Then the First Ikos and Kontakion.

#### **IKOS 1**

O Thou Who savest Adam and the whole human race from eternal perdition, Thou didst send Thy Son into the world, O Good God, and by His Cross and Resurrection Thou hast granted us also eternal life. Trusting to Thine infinite mercy, we look for the deathless Kingdom of Thy Glory, we implore Thee to grant it to those who have fallen asleep, and we pray:

Gladden, O Lord, souls wearied by the storms of life, that earth's sorrows and signings may not bury them in oblivion.

Hear them, O Lord, in Thy bosom, as a mother responds to her children, and say to them: Your sins are forgiven you.

Receive them, O Lord, into Thy calm and blessed haven, that they may rejoice in Thy divine glory.

O Thou Who by Thine inscrutable
Providence didst prepare the world for
eternal beatitude and Who appointest
times and seasons and the manner of our
end: Forgive, O Lord, those who have
died in past ages all their sins, receive

them into the realms of light and joy, hasten to open Thy Fatherly arms to them, and hear us who celebrate their memory and sing: O Lord of unutterable Love, remember Thy servants who have fallen asleep.

#### PRAYER FOR THOSE WHO HAVE FALLEN ASLEEP

O God of spirits and of all flesh, Who hast trampled down death, and overthrown the devil, and given life to Thy world: Do Thou, Thyself, O Lord give rest to the soul(s) of Thy departed servant(s):

Patriarchs, Metropolitans, Archbishops, Bishops, Priests and Deacons, Monks and Nuns, and all who have served Thee in Thy Church; the founders of all Churches and Monasteries, and all Orthodox forefathers,

fathers, brothers and sisters who lie here and everywhere;

officers and men of the armies and navies who have laid down their lives for their Faith and country,

all the faithful killed in civil wars, all who were drowned, burned, frozen to death, torn by wild beasts,

all who died suddenly without repentance and had no time to be reconciled with the Church and with their enemies;

all who took their own lives in a moment of mental unbalance;

all who have asked us to pray for them, and those who have no one to pray for them,

and all who died without a Christian burial,

## (NAMES),

in a place of light, in a place of refreshment, in a place of repose, whence all suffering, sorrow, and sighing have fled away. Forgive every sin committed by them in thought, word and deed, for Thou art the good God and Lover of men. For there is no one who lives without sinning. Thou alone art without sin, and Thy righteousness in eternal righteousness, and Thy Word is Truth.

**For Thou art the Resurrection**, and the Life, and the repose of Thy departed servant(s) \_\_\_\_\_, O Christ our God, and to Thee we send up glory, together with Thine unoriginate Father, and Thy most holy and good and life-creating Spirit, now and ever, and to the ages of ages. Amen.

## A Prayer to Martyr Varus

O Holy, wondrous Martyr Varus, who, burning with zeal for the Heavenly King, didst confess Him before thy torturers and didst greatly suffer for Him!

Now the Church doth venerate thee, as one glorified with the glory of heaven by Christ the Lord, Who granted thee the abundant grace to approach Him boldly.

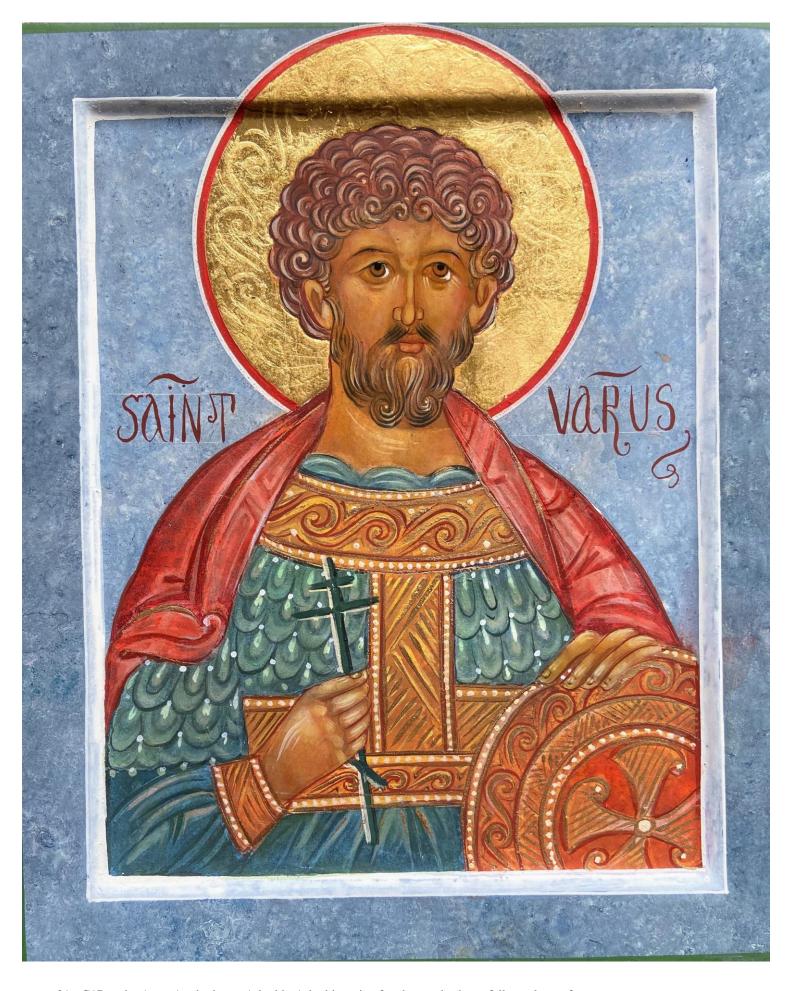
And now, standing before Him together with the Angels, rejoicing on high, beholding the Most Holy Trinity clearly, and enjoying the Uncreated Light, remember the suffering of our relatives (and those we remember, and those we hold in our hearts)

who have died outside the Faith, and accept our pleas, and as thou didst intercede for the unbelieving ancestors of Cleopatra and didst free them from eternal suffering,

remember those who have died unbaptized or have been buried in an ungodly manner, or died suddenly, or by their own hand, or unjustly,

N.N.

.... and pray earnestly that they may be delivered from eternal darkness, that we may all, with one mouth and one heart, praise the Most Merciful Creator unto the ages of ages. Amen.



## Prayer for every departed person

Remember, O Lord our God, Thy servant, our *brother/sister*, *N*., who has reposed in the Faith and hope of life eternal, and in that Thou art good and the Lover of mankind, Who remittest sins and blottest out iniquities, do Thou loose, remit and pardon all *his/her* sins, voluntary and involuntary.

Deliver *him/her* from eternal torment and the fire of Gehenna, and grant unto *him/her* the communion and delight of Thine eternal good things prepared for them that love Thee.

For though *he/she* hath sinned, yet hath *he/she* not forsaken Thee, and *he/she* undoubtedly believed in the Father and the Son and the Holy Spirit; and even until *his/her* last breath did *he/she* 

confess Thee in Orthodox fashion: God glorified in Trinity, Unity in Trinity and Trinity in Unity.

Wherefore, be Thou merciful unto him/her and reckon his/her faith in Thee, rather than his/her deeds, and in that Thou art compassionate, grant him/her rest with Thy saints; for there is no man that liveth and doth not sin.

But Thou alone art wholly without sin, and Thy truth is forever; and Thou alone art the God of mercies, and compassion, and love for mankind, and unto Thee do we ascribe glory, to the Father, and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

## O God of Spirits and of all flesh...

From the Funeral & Panikhida service

This prayer is said in Orthodox funeral and memorial services, only by the priest. If you look at it carefully, it does not have any statement which assumes the Orthodoxy of the reposed. That is the context in which the prayers said, however in your personal context you may be saying the prayer for someone is Orthodox or not Orthodox. It is appropriate for anyone to say this prayer privately, but in the church, only the priest says it.

O God of spirits and of all flesh, Who hast trampled down death, and overthrown the devil, and given life to Thy world:

Do Thou, Thyself, or Lord give rest to the **soul(s)** of Thy departed **servant(s)** 

in a place of light, a place of green pasture, a place of repose, whence all sickness, sorrow and sighing are fled away.

Pardon every sin committed by **him** (her, them), in word, deed or thought, in

that Thou art a good God, the Lover of mankind;

For there is no man that liveth and sinneth not, for Thou alone art without sin, Thy righteousness is an everlasting righteousness, and Thy Word in Truth.

For Thou art the Resurrection, and the Life, and the repose of Thy departed servant(s) \_\_\_\_\_\_, O Christ our God, and to Thee we send up glory, together with Thine Unoriginate Father, and Thy most holy and good and life-creating Spirit, now and ever, and to the ages of ages.

http://www.orthodox.net/trebnic/prayer-for-the-dead-o-god-of-spirits-es.rtf
See other prayers & services at http://www.orthodox.net/trebnic or <a href="http://www.orthodox.net/services">http://www.orthodox.net/services</a>

#### Links

#### This Document

http://www.orthodox.net/akathists/akathist-misc-for-those-who-have-fallen-asleep.rtf http://www.orthodox.net/akathists/akathist-misc-for-those-who-have-fallen-asleep.pdf

Booklet (must be printed double sided, flipping pages on the short edge):

http://www.orthodox.net/akathists/akathist-misc-for-those-who-have-fallen-asleep-booklet.pdf

Prayer for the Dead
A labor of love
Those who love remember. Those who remember, pray.
An explanation of about Prayer for the Dead.
Various prayers for the dead, for use at home or in church.
Scripture concerning the dead.

http://www.orthodox.net/catechism/prayer-for-the-dead+explanations-and-prayers.doc http://www.orthodox.net/catechism/prayer-for-the-dead+explanations-and-prayers.pdf

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