

We must weep at night to feel joy in the day.

Priest Seraphim Holland
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We must weep at night to feel joy in the day.
We cannot know the Man of Sorrows if we do not weep at night.
Everything in the world is corrupting and will pass away
- even those things that bring us apparent joy.
There is only one eternal joy;
if we weep at night
, sometimes we will feel part of that joy.
The cold world does not know joy.
Entertainment brings not joy.
Indulging desires brings not joy.
Fulfilling ambitions brings not joy.
Only Christ brings joy.
He will come to us and abide in us
, but only if we make room for Him
- there is no room with earthly joy.
Only sorrow, weeping and repentance will make room for joy.
Do not weep when in the world
, among those of the world.
Observe the world with your heart
,and if you have made room
,you will see the hidden reality in life.
Save those things in your heart for the evening
, when you will weep.
This weeping is dear to God; He hears all who weep to Him.

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Paul Lawrence Dunbar I am not (<https://etc.usf.edu/lit2go/authors/172/paul-laurence-dunbar/>) , but reading his poetry has awakened in me a desire to try. Fr Moses Berry recently told me about him. My words were inspired by a favorite passage (which I have not been able to find) in “Everyday Saints”. A wise monk commented about a morose novice, something like this: “He does not cry enough at night”. If anyone knows the passage, please tell me the page. Reading that passage, several years ago was life-changing for me.